



SLICING UP FRESHNESS™

Major food allergens are listed below in **RED**.
 * Menu items are cooked in the same oil as other items that contain major allergens.

* Manufactured in a facility that processes peanuts or tree nuts.
 † Menu items may not be available at all Arby's® restaurants.

Arby's® Nutrition & Allergen Information (U.S.)

	Serving Weight (g)	Calories	Calories from Fat	Fat - Total (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (NDV)	Vitamin C (NDV)	Calcium (NDV)	Iron (NDV)
LIMITED TIME OFFERS																
Pecan Chicken Salad Sandwich - Contains: Egg, Milk, Soy, Wheat, Tree Nuts (pecans)	311	840	400	44	6	0.5	75	1210	81	6	20	34	20	10	25	25
Pecan Chicken Salad Wrap - Contains: Egg, Milk, Soy, Wheat, Tree Nuts (pecans)	257	630	270	41	6	0.5	75	1000	43	0	0	29	15	0	15	15
Turkey Bacon Florentine Sandwich - Contains: Egg, Soy, Wheat	334	700	220	25	5	0	75	2090	79	6	21	43	35	20	30	60
Turkey Bacon Florentine Wrap - Contains: Egg, Soy, Wheat	280	490	200	22	4.5	0	75	1870	41	7	9	38	33	15	15	50
KING'S HAWAIIAN Roast Beef - Contains: Egg, Milk, Soy, Wheat	221	550	190	21	10	15	140	1200	59	2	20	31	6	4	8	30
KING'S HAWAIIAN Roast Beef & Salsa - Contains: Egg, Milk, Soy, Wheat	257	600	220	25	12	15	150	1640	61	2	20	34	6	4	20	30
Arby's House Made Chiles - † Egg, Milk, Soy, Wheat, Fish (where available)	85	450	250	27	4	0	0	530	47	5	1	5	2	2	2	6
Triple Berry Shake - Contains: Milk	510	680	170	19	13	0	60	480	78	0	92	15	10	10	50	2
Original Mighty Minis™ - Roast Beef (2 Minis) - Contains: Wheat	155	380	130	14	4.5	0.5	50	980	40	2	5	22	0	2	15	25
Original Mighty Minis - Roast Turkey (2 Minis) - Contains: Wheat	170	330	60	7	1.5	0	35	1260	41	5	6	25	0	0	15	15
Spicy Mighty Minis - Roast Beef (2 Minis) - Contains: Egg, Milk, Soy, Wheat	164	490	230	25	8	1	65	1350	41	2	5	25	4	4	20	25
Spicy Mighty Minis - Roast Turkey (2 Minis) - Contains: Egg, Milk, Soy, Wheat	198	440	160	19	4.5	0	55	1630	42	5	6	28	4	2	20	15
Crispy Onion Mighty Minis - Roast Beef (2 Minis) - Contains: Egg, Milk, Soy, Wheat † Fish (where available)	184	530	270	30	7	1	55	1290	47	2	6	23	0	2	15	25
Crispy Onion Mighty Minis - Roast Turkey (2 Minis) - Contains: Egg, Milk, Soy, Wheat † Fish (where available)	198	500	210	23	3.5	0	45	1540	46	5	7	26	0	0	15	15
ARBY'S® ROAST BEEF SANDWICHES																
Roast Beef Classic - Contains: Milk, Soy, Wheat	154	360	130	14	5	1	60	970	35	1	6	23	0	2	8	25
Roast Beef Mid - Contains: Milk, Soy, Wheat	210	460	180	21	8	15	95	1420	35	1	6	34	0	4	8	30
Roast Beef Max - Contains: Milk, Soy, Wheat	267	560	240	27	11	2	135	1860	35	1	6	45	0	6	8	40
Arby's Sauce† Add	14	15	0	0	0	0	0	180	3	0	2	0	2	2	0	0
Honey Sauce† Add - Contains: Egg	14	50	45	5	0.5	0	5	180	3	0	2	0	0	0	0	0
Beef 'n Cheddar Classic - Contains: Milk, Soy, Wheat	195	450	180	20	6	1	60	1310	45	2	9	34	2	4	15	30
Beef 'n Cheddar Mid - Contains: Milk, Soy, Wheat	251	560	240	27	9	15	95	1760	45	2	9	34	2	6	15	30
French Dip & Swiss® Jus - Contains: Milk, Soy, Wheat	286	450	150	17	8	1	70	2140	50	2	3	26	2	10	15	25
ULTIMATE ANGUS																
Angus Three-Cheese & Bacon - Contains: Egg, Milk, Soy, Wheat	267	630	270	30	11	0.5	120	2220	45	2	4	47	6	6	35	25
Angus Philly - Contains: Egg, Milk, Soy, Wheat	289	590	250	27	8	0.5	95	2130	48	3	5	38	10	30	30	30